

VEGAN MENU

Salads - Noodles - Rice

- Harvest

Roasted beet, carrots w/, walnuts and caramelized red onion,
rocket + seeded mustard dressing

- Aubergine

Roasted aubergine + oregano grilled tomato

- Thai Classic

Green shredded cabbage w, coriander + mint toasted peanuts, shallots
w/ Thai basil + fresh cucumber with a house made peanut + ginger dressing

- Brown Rice

Spice roasted carrots + caramelized sweet potato w/ kale friend wild rice + pepitas

- Crunchy Cashew + Quinoa

Red Cabbage+ Cashews w/ celery + ginger fresh lime and carrots w/ silver beet + fried shallots

- Roast Pumpkin

Roast pumpkin w/ maple + chilli, walnuts + loads of fresh flat leaf parsley

- Indian Rice

Indian fried rice w/ turmeric + coriander, peanuts + basmati rice

- Lentil Tabouli

Lebanese cucumber + garlic lentils, tomato + caramelized onion, spinach,
flat leaf parsley, lemon and olive oil

- Middle Eastern Potato

Dill, parsley w/ ground turmeric, coriander seeds + spiced cumin potato w/ kale + olive oil

- Tandoori

Tandoori roasted sweet potato w/ red onion, barley, baby spinach,
roasted tomato, capsicum + zucchini

- Shredded Carrot

Shredded carrot w/ apple cucumber, sultanas, mixed nuts, parsley, celery, peaches, dates
and seeded mustard dressing •

- Hokkien Noodles w/ ginger + lemon grass, celery + cumin, chilli toasted nuts + coriander

- Grazing Board:

Vegan Cheese & Dip, Vegetable Crudits
Roasted peppers, Marinated eggplant, olives

- Rice Paper Rolls
- Japanese Nori Rolls

- Cupcakes

(Passionfruit / Oreo)

- Protein Bliss Balls
- Seasonal Fruit

I AM VEGAN BITE ME